

## Conclusions of evidence for fertility preservation in female patients with CAYA cancer

<b>Who should be informed about potential risk of infertility?</b>	
<b>Satisfaction with information reported by patients diagnosed before age 25 years and their parents</b>	<b>Quality of evidence</b>
Most patients (pre- and post-pubertal) are not satisfied with the content of fertility-related discussions with their (paediatric) oncology health healthcare providers, especially about information received on fertility risks, options to preserve fertility and alternative family planning	⊕⊕⊕⊖ MODERATE <sup>1,2</sup>
<b>Desire for information reported by cancer patients diagnosed before age 25 years and their parents</b>	<b>Quality of evidence</b>
Post-pubertal patients strongly desire information about the effects of cancer treatment on fertility (median score 9) and options for fertility preservation (median score 10) (scale 1-10, includes male and female)	⊕⊕⊕⊖ LOW <sup>3</sup>
<b>Desire for information reported by healthcare providers of cancer patients diagnosed before 25 years</b>	<b>Quality of evidence</b>
Some patients and their parents desire information about fertility preservation but paediatric oncologists report difficulties initiating discussions on this topic	⊕⊖⊖⊖ VERY LOW <sup>4</sup>
<b>Who should be counselled about fertility preservation?</b>	
<b>Risk of premature ovarian insufficiency in female cancer survivors diagnosed before age 25 years</b>	<b>Quality of evidence</b>
Increased risk after <i>alkylating agents</i> vs. no alkylating agents	⊕⊕⊕⊕ HIGH <sup>5,6-14</sup>
Increased risk after <i>increasing doses of alkylating agents</i>	⊕⊕⊕⊕ HIGH <sup>5,6,7,9,11-14</sup>
Increased risk after <i>cyclophosphamide</i> vs. no cyclophosphamide	⊕⊕⊕⊖ MODERATE <sup>5,6-9,13</sup>
Increased risk after <i>increasing doses of cyclophosphamide</i>	⊕⊕⊕⊖ MODERATE <sup>6,7,9,13</sup>
Increased risk after <i>procarbazine</i> vs. no procarbazine	⊕⊕⊕⊕ HIGH <sup>5,9,11,13</sup>
Increased risk after <i>increasing doses of procarbazine</i>	⊕⊕⊕⊕ HIGH <sup>9,11,13</sup>
Increased risk after <i>busulfan</i> vs. no busulfan	⊕⊕⊖⊖ LOW <sup>8,10</sup>
Unknown risk after <i>busulfan</i> dose	No studies
Increased risk after <i>melphalan</i> vs. no melphalan	⊕⊕⊖⊖ VERY LOW <sup>9</sup>
Unknown risk after <i>melphalan</i> dose	No studies
Unknown risk after chlorambucil, mechlorethamine, ifosfamide, thiotepa, carmustine (BCNU), lomustine (CCNU)	No studies
Unknown risk after <i>multiple alkylating agents and other chemotherapeutic agents</i> vs. single alkylating agents	No studies
Unknown risk after <i>antimetabolites</i>	No studies
Unknown risk after <i>platinum compounds</i>	No studies
Increased risk after <i>radiotherapy to volumes exposing the ovaries</i> vs. no radiotherapy	⊕⊕⊕⊕ HIGH <sup>5,7-16</sup>
Increased risk after <i>increasing doses of radiotherapy to volumes exposing the ovaries</i>	⊕⊕⊕⊕ HIGH <sup>5,9,12-14</sup>
Increased risk after <i>radiotherapy to volumes exposing the ovaries and alkylating agents</i> vs. either treatment in the same dose alone	⊕⊕⊕⊖ MODERATE <sup>5,11,12</sup>
Unknown risk in patients with <i>1 vs. 2 ovaries in the radiotherapy field</i>	No studies
Increased risk after <i>HSCT</i> vs. no HSCT independent of alkylating agents and/or radiotherapy to volumes exposing the ovaries	⊕⊖⊖⊖ VERY LOW <sup>13</sup>
Unknown risk after <i>autologous vs. allogeneic HSCT</i>	No studies

Unknown risk after <i>reduced conditioning vs. myeloablative conditioning</i> in HSCT survivors	No studies
Increased risk after <i>unilateral oophorectomy vs. no unilateral oophorectomy</i>	⊕⊕⊕⊕ LOW <sup>9,13</sup>
No significant effect of <i>oophoropexy vs. no oophoropexy</i>	⊕⊕⊕⊕ VERY LOW <sup>12</sup>
Increased risk after <i>older age at cancer treatment vs. younger age</i>	⊕⊕⊕⊕ LOW <sup>5,7-10,12,13,15,16</sup>
Unknown risk after <i>anthracyclines, high-dose etoposide, novel agents (monoclonal antibodies, tyrosine kinases inhibitors)</i>	No studies
Unknown risk in patients with a <i>genetic predisposition</i>	No studies
<b>Risk of hypogonadotropic hypogonadism in female cancer survivors diagnosed before age 25 years</b>	<b>Quality of evidence</b>
Increased risk after <i>cranial radiotherapy vs. no radiotherapy</i>	⊕⊕⊕⊕ LOW <sup>17</sup>
Increased risk with <i>increasing doses of cranial radiotherapy</i>	⊕⊕⊕⊕ MODERATE <sup>18</sup>
<b>Likelihood of pregnancy/live birth in female cancer survivors diagnosed before age 25 years</b>	<b>Quality of evidence</b>
Decreased likelihood after <i>cyclophosphamide vs. no cyclophosphamide</i>	⊕⊕⊕⊕ LOW <sup>19-21</sup>
Decreased likelihood after <i>increasing doses of cyclophosphamide</i>	⊕⊕⊕⊕ LOW <sup>19-21</sup>
No significant effect of <i>ifosfamide vs. no ifosfamide</i>	⊕⊕⊕⊕ LOW <sup>19</sup>
No significant effect of <i>ifosfamide dose</i>	⊕⊕⊕⊕ LOW <sup>19</sup>
Decreased likelihood after <i>busulfan vs. no busulfan</i>	⊕⊕⊕⊕ LOW <sup>19</sup>
Decreased likelihood after <i>increasing doses of busulfan</i>	⊕⊕⊕⊕ LOW <sup>19</sup>
Decreased likelihood after <i>lomustine vs. no lomustine</i>	⊕⊕⊕⊕ LOW <sup>19,20</sup>
Decreased likelihood after <i>increasing doses of lomustine</i>	⊕⊕⊕⊕ LOW <sup>19,20</sup>
No significant effect of <i>procarbazine vs. no procarbazine</i>	⊕⊕⊕⊕ MODERATE <sup>19-21</sup>
No significant effect of <i>procarbazine dose</i>	⊕⊕⊕⊕ MODERATE <sup>19-21</sup>
No significant effect of <i>mechlorethamine vs. no mechlorethamine</i>	⊕⊕⊕⊕ LOW <sup>20</sup>
Decreased likelihood after <i>radiotherapy to volumes exposing the ovaries vs. no radiotherapy</i>	⊕⊕⊕⊕ MODERATE <sup>20-22</sup>
Decreased likelihood after <i>increasing doses of radiotherapy to volumes exposing the ovaries</i>	⊕⊕⊕⊕ MODERATE <sup>20-22</sup>
Decreased likelihood after <i>radiotherapy to the hypothalamic-pituitary axis vs. no radiotherapy</i>	⊕⊕⊕⊕ LOW <sup>20,22</sup>
No significant effect of <i>oophoropexy vs. no oophoropexy</i>	⊕⊕⊕⊕ LOW <sup>20</sup>
<b>What methods for reproductive preservation are appropriate to offer in counselling?</b>	
<b>Live births after fertility preservation methods and timing in female cancer patients diagnosed before age 25 years</b>	<b>Quality of evidence</b>
No studies investigating live births after <i>oocyte cryopreservation</i>	No studies
No studies investigating live births after <i>embryo cryopreservation</i>	No studies
No studies investigating live births after <i>in vitro maturation</i>	No studies
Live births reported after <i>transplantation of cryopreserved ovarian tissue collected before cancer treatment (±45% success rate)</i>	⊕⊕⊕⊕ VERY LOW <sup>23-29</sup>
At least 42 live births after <i>oophoropexy</i> before cancer treatment	⊕⊕⊕⊕ VERY LOW <sup>14,30</sup>
No significant difference between probability of a first pregnancy or live birth before age 40 between <i>oophoropexy group vs. non-oophoropexy group</i>	⊕⊕⊕⊕ VERY LOW <sup>14</sup>
Live births in patients treated with and without <i>GnRH analogues</i> during cancer treatment (7 out of 7 pregnant patients with GnRH delivered 11 live births, 3 out of 3 pregnant patients without GnRH delivered 5 live births)	⊕⊕⊕⊕ VERY LOW <sup>31,32</sup>
<b>Live births after fertility preservation methods in female cancer patients</b>	<b>Guideline</b>

<b>(evidence cited in high-quality existing evidence-based guidelines)</b>	
Likelihood of a pregnancy and live birth after IVF or ICSI using <i>vitrified oocytes</i> is not different from IVF or ICSI using fresh oocytes	IKNL, <sup>33</sup> NCCN, <sup>34</sup> ASCO <sup>35,36</sup>
Live births reported after <i>transplantation of cryopreserved ovarian tissue</i>	IKNL, <sup>33</sup> ASCO <sup>35,36</sup> COSA, <sup>37</sup> COG, <sup>38</sup> ESMO <sup>39</sup>
Pregnancies in females who underwent <i>oophorectomy</i> as young adolescents prior to Hodgkin lymphoma treatment	COG <sup>38</sup>
<b>Restoration of ovarian function in female cancer patients diagnosed before age 25 years</b>	<b>Quality of evidence</b>
Restoration of ovarian function after transplantation of cryopreserved ovarian tissue	⊕⊕⊕⊕ VERY LOW <sup>29,40</sup>
<b>Risk of premature ovarian insufficiency in female cancer patients diagnosed before age 25 years</b>	<b>Quality of evidence</b>
No significant effect of <i>oophorectomy</i> on the risk of premature ovarian insufficiency	⊕⊕⊕⊕ LOW <sup>18</sup>
Fewer patients had amenorrhea after <i>GnRH analogues</i> during cancer treatment compared to patients without GnRH analogues during cancer treatment	⊕⊕⊕⊕ VERY LOW <sup>31</sup>
Majority of females had regular menstrual cycles 1 to 17 years after end of alkylating agent chemotherapy and GnRH analogues	⊕⊕⊕⊕ VERY LOW <sup>31,32</sup>
No studies investigated effect after <i>immunomodulators AS101, S1P</i>	No studies
More patients had amenorrhea after <i>oral contraceptive pill</i> during chemotherapy compared to patients without oral contraceptive pill during chemotherapy	⊕⊕⊕⊕ VERY LOW <sup>41</sup>
<b>Risk of premature ovarian insufficiency in female cancer patients (evidence cited in high-quality existing evidence-based guidelines)</b>	<b>Guideline</b>
Endocrine function is restored after <i>re-implantation of ovarian tissue</i>	COG <sup>38</sup>
Ovarian function protected in adolescents who underwent oophorectomy prior to craniospinal radiation	NCCN, <sup>34</sup> COG <sup>38</sup>
Conflicting evidence about the efficacy of <i>GnRH analogues</i>	IKNL, <sup>33</sup> NCCN, <sup>34</sup> ASCO <sup>35,36</sup> COSA, <sup>37</sup> COG, <sup>38</sup> ESMO, <sup>39</sup> SIGN <sup>42</sup>
Inconclusive evidence about the efficacy of <i>oral contraceptives</i>	IKNL, <sup>33</sup> NCCN <sup>34</sup>
<b>Complications after fertility preservation methods in female cancer patients diagnosed before age 25 years</b>	<b>Quality of evidence</b>
Three female patients with intraoperative bleeding after <i>ovarian tissue cryopreservation</i>	⊕⊕⊕⊕ LOW <sup>23,24,26,27,43-47</sup>
In 12 females with leukaemia or non-Hodgkin lymphoma the <i>cryopreserved ovarian tissues</i> had tumour cell contamination	⊕⊕⊕⊕ VERY LOW <sup>24,28,29,48</sup>
No evidence of tumour contamination in <i>cryopreserved ovarian tissue</i> in females with non-metastasized solid tumours	⊕⊕⊕⊕ VERY LOW <sup>23-25,29,43,44,49</sup>
No evidence of tumour contamination in <i>cryopreserved ovarian tissue</i> in females with Hodgkin lymphoma	⊕⊕⊕⊕ VERY LOW <sup>50</sup>
No studies investigating patient-related complications after <i>oocyte or embryo cryopreservation, oophorectomy or hormone suppression</i>	No studies
No long-term complications reported after <i>GnRH analogues</i> during cancer treatment	⊕⊕⊕⊕ VERY LOW <sup>32</sup>
No studies investigating complications among offspring after <i>reproductive (preservation) methods</i>	No studies

No studies investigating perinatal complications after <i>reproductive (preservation) methods</i> in patients treated with radiotherapy with volumes exposing the ovaries and/or uterus with or without oestrogen supplementation	No studies
<b>Complications after fertility preservation methods in female cancer patients (evidence cited in high-quality existing evidence-based guidelines)</b>	<b>Guideline</b>
No increased risk of <i>harms</i> among women with cancer undergoing <i>ovarian tissue, oocyte or embryo cryopreservation, or oophoropexy</i> as compared to the risk of harms among other women undergoing comparable procedures	<i>IKNL</i> <sup>33</sup>
Increased risks for a medically unwell patient undergoing IVF related to the anaesthetic and the oocyte collection procedure, such as haemorrhage, thrombosis and infection	<i>COSA</i> <sup>37</sup>
No increased risk of <i>congenital abnormalities among offspring</i> of women who underwent ICSI with <i>vitrified oocytes</i> as compared to offspring of women who underwent ICSI with oocytes after slow freezing, or ICSI or IVF with fresh oocytes	<i>IKNL</i> <sup>33</sup>
The evidence from children resulting from the replacement of the frozen embryos or fertilized frozen oocytes is reassuring	<i>COSA</i> <sup>37</sup>
No studies reporting cancer recurrence in humans; In one study 8 out of 26 <i>ovarian tissue samples</i> had leukaemia cells; In another study ovarian tissue from 24 Hodgkin lymphoma patients had no cancer cells	<i>COG</i> <sup>38</sup>
No pregnancy-related complications and congenital abnormalities among offspring of women who underwent <i>transplantation of cryopreserved ovarian tissue</i>	<i>IKNL</i> <sup>39</sup>
Any <i>laparoscopic technique</i> is associated with a small risk of complications, such as infection, bleeding and perforation of bowel, bladder or blood vessel	<i>COSA</i> <sup>37</sup>
No increased risk of congenital abnormalities among offspring of women who underwent <i>oophoropexy</i> and preserved their ovarian function	<i>IKNL</i> <sup>33</sup>
Adverse events associated with <i>GnRHα</i> are generally reversible and limited and include hot flashes, headaches, sweating, and vaginal dryness and when used for prolonged periods (>6 months) without add-back oestrogen treatment, there is a risk of bone depletion	<i>ASCO</i> <sup>35,36</sup> <i>IKNL</i> , <sup>33</sup> <i>COSA</i> <sup>37</sup>
<b>Oocyte donation and surrogacy in female cancer survivors diagnosed before age 25 years</b>	<b>Quality of evidence</b>
Live births after oocyte donation	⊕⊕⊕⊕ VERY LOW <sup>51</sup>
Pregnancy-related complications (premature delivery, placental haemorrhage with still born child, pre-eclampsia) after oocyte donation	⊕⊕⊕⊕ LOW <sup>51,52</sup>
Unknown pregnancy-related outcomes after surrogacy (using own eggs in gestational surrogate)	No studies

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